

Spiritual Direction Preparation Program

Since 1985 the staff at the Franciscan Spirituality Center in La Crosse, Wisconsin, has trained over 280 people in the practice of spiritual direction. This innovative program provides a mix of workshops and real life experiences and prepares individuals to move into their communities and jobs as trained spiritual directors.

The Spiritual Direction Preparation Program (SDPP) extends over three years, giving participants an opportunity to integrate theory and practice. While the SDPP prepares the participant to direct others regardless of their spirituality, the SDPP teaches from the Judeo-Christian tradition.

Here's what a past participant has to say . . .

I don't use terms like "life altering" or "profound effect" lightly, but when I reflect on my experience with the Spiritual Direction Preparation Program, these are the words which best express my feelings.

Life is a series of relationships. We relate to our fellow humans and with the God that loves us so much. This is the primary emphasis of this program, and through it both these relationships have deepened.

People make any program a success. SDPP has a wonderful, caring staff that made us feel special and accepted. Living their example and utilizing the teachings, I am moving towards becoming the kind of director I always wanted to be.

-Superintendent of Schools

This program is designed for:

- Those who are over 35 years of age and drawn to a deeper understanding of spiritual direction.
- Those who have not had formal training in spiritual direction.
- Those preparing for a ministry of spiritual direction and/or retreat ministry.
- Those interested in deepening their spiritual and personal development.

Participants learn by:

- Attending required workshops.
- Practicing direction skills using monthly verbatims.
- Meeting quarterly with a supervisor who is an experienced spiritual director.
- Reading required books and articles.
- Participating in annual reviews.

For further information feel free to contact:

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www.fscenter.org



Franciscan Spirituality Center is a Gospel-driven, interfaith community founded and sponsored by the Franciscan Sisters of Perpetual Adoration.

Mission

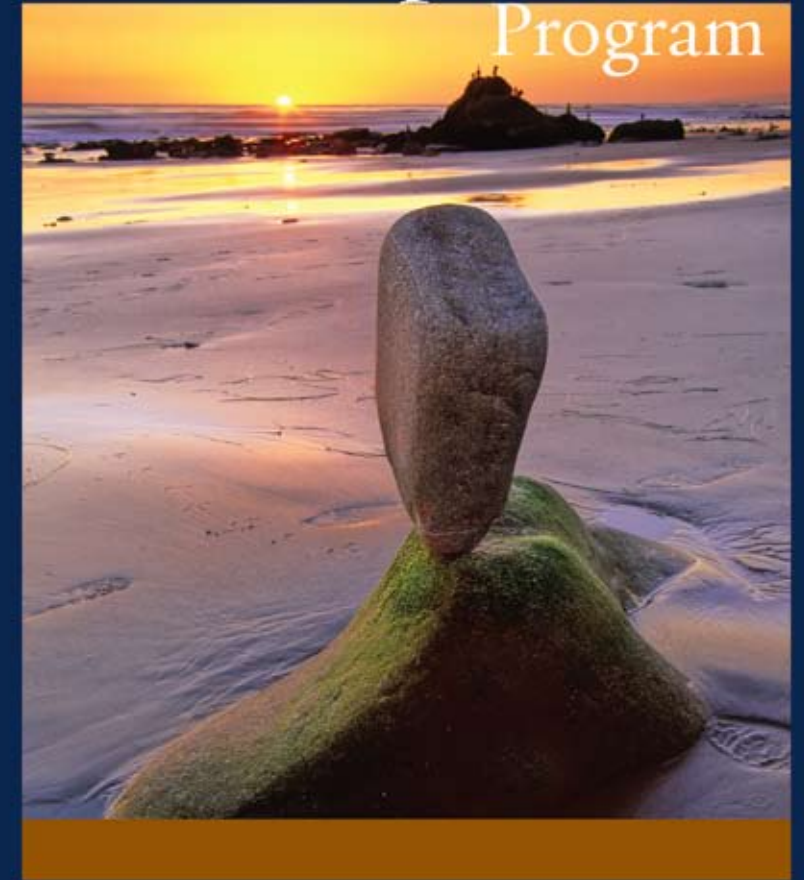
The Franciscan Spirituality Center is dedicated to anyone seeking wholeness.

We live this mission because we believe:

- In each of us lives the Sacred.
- We need each other to recognize and honor that part of ourselves.
- Responding to spiritual hunger is necessary for growth, healing and peace.
- As we grow in wholeness, we contribute to the healing of all creation.

The Franciscan Spirituality Center

2012 - 2015 Spiritual Direction Preparation Program



"This program is both transformative and extremely practical. The supervision aspect helped me integrate the teachings which have been especially helpful as I accompany others on their spiritual journeys."

- Hospital Chaplain and Therapist

Workshops

Year I	Year II	Year III
Date: September 7– 9, 2012 Topics: God is in the Story What is Spiritual Direction?	Date: September 6 – 8, 2013 Topics: Personal Growth and Faith Development	Date: August 3 – 9, 2014 Topic: Practicum: The Directed Retreat
Date: November 9–11, 2012 Topics: Listening Skills and Verbatims	Date: November 8 – 10, 2013 Topic: Spiritual Exercises of Saint Ignatius	Date: March 13 – 15, 2015 Topic: Discernment and Spiritual Direction
Date: March 8–10, 2013 Topic: Basics of Spirituality	Date: March 7– 9, 2014 Topic: Biblical Spirituality	Date: July 24 – 26, 2015 Topic: Issues in Spiritual Direction
☛ Annual Review: August 2013*	☛ Annual Review: August 2014*	☛ Final Review: July 2015*

General Information

All workshops begin at 7:30 PM on Friday and conclude at noon on Sunday. The practicum is a six-day workshop, which begins at noon on Sunday and concludes at noon on Saturday.

Participants are expected to have a spiritual director by the beginning of the program and to make a six-day directed retreat by July 1, 2014. The program will begin in September, 2012. Participants who satisfactorily complete the three-year program receive a certificate of completion.

*Annual Review

In order to integrate the learnings and experiences, there is a 90-minute annual review at the end of each program year. The review takes place at the Franciscan Spirituality Center.

Quarterly Meetings with Supervisor

Quarterly meetings are separate from the workshops and last approximately two hours. During the meeting, participants review the required readings and verbatims with their supervisor. In some cases, quarterly meetings can be scheduled off-site and closer to your place of residence. Quarterly meetings are often scheduled in the months of October, January, April, and July.

Application to the Program

Persons seeking admission to the Spiritual Direction Preparation Program are asked to return the "request for application" form by June 30, 2012. Applicants will be informed of their acceptance into the program within 60 days of receiving the completed application.

Program Fees

\$1,725.00 per year I and II

\$1,875.00 year III

Fee includes: tuition for all weekend workshops year I and II; and six-day practicum in year III, plus all administrative fees, meals and snacks, as well as quarterly meetings with supervisors.

Fees are payable in installments. Please speak to staff about individual plans.

Additional Fees

\$84.00 for housing per workshop and \$250.00 for housing for the practicum. (Payable at the time of the event)

Other expenses include: the cost of your books, fees for spiritual direction and the required six-day directed retreat.

Limited scholarships are available.

Request for Application

I am interested in applying for the SDPP at the Franciscan Spirituality Center. Please send an application form to the following address:

Name _____

Address _____

City _____

State _____ Zipcode _____

Day phone _____

Evening phone _____

E-mail _____

I prefer: Mail e-mail

Please send request to:

Spiritual Direction Preparation Program
Franciscan Spirituality Center
920 Market Street
La Crosse, WI 54601-4782
Deadline: June 30, 2012