

Foundations for Servant Leadership

In today's society, we have a crucial need for the development of spiritually motivated leaders who will help shape a life-giving organizational culture and society for the challenges ahead. Foundations for Servant Leadership is designed for those who seek a deeper spiritual foundation for their lives and work in the company of other like-minded leaders. It promises to bring both life to the leader and effectiveness and profitability to the workplace.

Foundations is a four-session residential program which builds on the principles of servant leadership. It is not a quick fix, rather, a long-term approach to becoming a servant leader who listens well, builds community, stewards organizational resources and has a vision of the common good.

Reasons to attend

- Gain a greater understanding of leadership styles.
- Discover new inner resources to better serve others.
- Learn reflection techniques which provide space for innovative solutions.
- Discover how to convert insights into concrete actions.
- Learn how to lead with less stress and greater support of employees.

Who will benefit most

- Leaders who desire personal and spiritual growth.
- Administrators in education, religious ministry, and non-profits who want to integrate their spirituality into the vocation of leadership.
- Professionals who want to learn to bring their soul to their workplace.
- Leaders who wish to rekindle spirit and enthusiasm for work.
- Leaders in education who love learning and the teaching life.
- Those interested in connecting their leadership role with the human beings they are.

What Participants Say:

"Thank you for the many moments of insight, grace and peace."

- Participant 2009 – 2010

"A profound experience. Unlike any leadership workshop I've attended before."

- Participant 2009 – 2010

"I came away understanding more about myself and others."

- Participant 2009 – 2010

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Franciscan Spirituality Center

FSPA

912 Market Street

La Crosse, WI 54601

www.fscenter.org



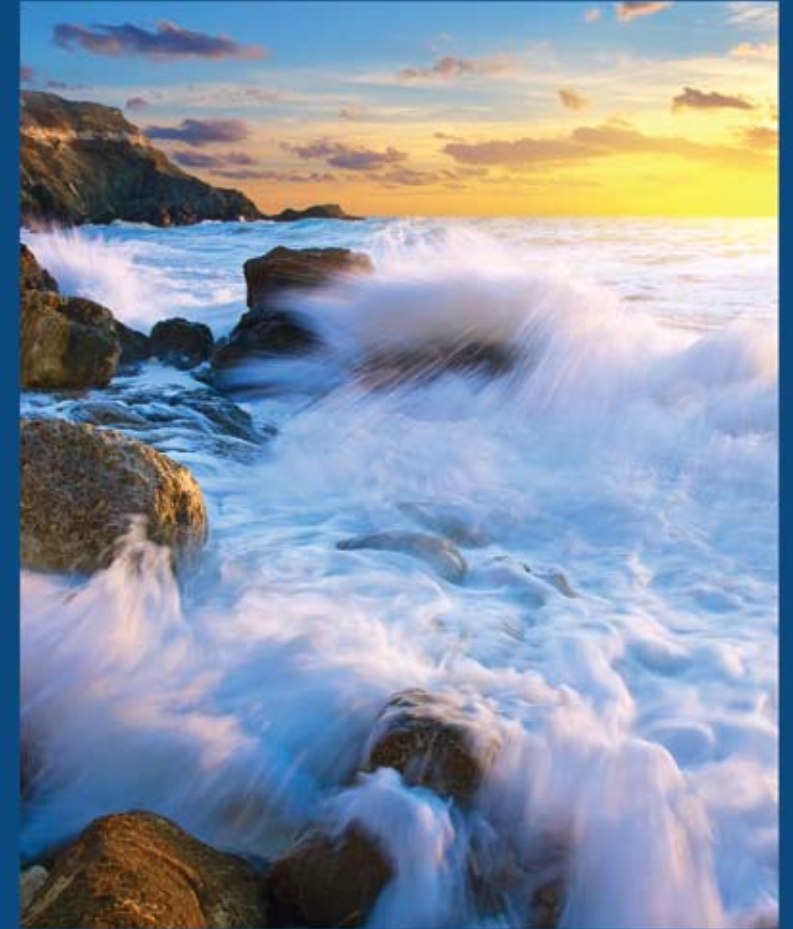
**Foundations
for Servant Leadership**
Serving the community for 12 years

"Leaders in any setting need a depth of character from which to live and work. The content of this program was just the jumping off point for engagement with others who were committed to a spiritual quest within a professional path."

-John F.
2007-2008 participant

The Franciscan Spirituality Center presents

Foundations for Servant Leadership



Leading from Within

**2011-2012
Schedule**

Dedicated to Anyone Seeking Wholeness

The Sessions

An Invitation to Servant Leadership October 28 & 29, 2011 Carl Koch and Rosalie Hooper Thomas

What is servant leadership and who is a servant leader? This weekend explores the history of servant leadership and gives examples of people and organizations practicing many of the basic principles of this new leadership style. Participants will be given an opportunity to review the characteristics of their own leadership styles. They will be able to determine areas of growth and potential practical applications of approaches and skills of servant leadership.

The Reflective Life of a Leader January 13 & 14, 2012 Rosalie Hooper Thomas and Barb Kruse

A cornerstone for servant leadership is a regular reflective practice which enables self-awareness, creativity and integration. We will explore various methods of reflection and prayer and discover how a reflective practice can contribute to improved communication and decision making. We will also introduce the personal mentor option as a support in developing the habit of regular reflection.

Understanding Human Motivation March 16 & 17, 2012 Rosalie Hooper Thomas

Servant leadership involves moving from ego-based to soul-based leadership which is good for the leaders, good for employees and good for business. Using the insights from the enneagram, a system of personality typology that combines psychology and spirituality to achieve self-awareness, we can learn about our own leadership style as it relates to communication with, and understanding of, one another.

Acting for the Common Good April 20 & 21, 2012 Carl Koch and Rosalie Hooper Thomas

The servant leader must not only intend to *do* good, but she or he must also have the skills to do the good intended. A key skill is discerning what actions need to be taken. During this session, we will examine and work with tools of discernment and decision making, which will actually contribute to common good. Participants will be encouraged to develop a plan of practical steps in becoming the servant leader that they are called to be.

“Leadership should be born out of the understanding of the needs of those who would be affected by it”

~ Marian Anderson

The Staff

Rosalie Hooper Thomas is Coordinator of Foundations for Servant Leadership. She is a facilitator, spiritual mentor and organizational development consultant with a master of arts in human development from St. Mary's University. She has over 25 years experience in marketing, sales and customer relations. Rosalie offers opportunities for leadership, strategic planning, and team development focusing on a holistic approach.



Barb Kruse is Associate Director at the Franciscan Spirituality Center. She is a spiritual director and co-director of the spiritual direction preparation program. She received her master of arts in servant leadership from Viterbo University. Barb has studied compassionate communication and offers programs using this language of the heart as a way for leaders to connect more deeply with themselves and those they serve.



Mary Kathryn Fogarty, FSPA, is a spiritual guide and retreat director at the Franciscan Spirituality Center. Past ministries include teaching, school administration, missionary work in Central America, director of the Franciscan Spirituality Center, and vice-president of her Franciscan congregation. She holds a BS in education from Viterbo University. She studied theology at the Franciscan School of Theology in Berkeley, CA, and completed a residency in clinical pastoral experience.



Carl Koch recently retired after six years as director of Ring Lake Ranch, an ecumenical retreat center in Wyoming. Before that he was program coordinator for Franciscan Spirituality Center and the first director for the MA in servant leadership program at Viterbo University. He holds master's degrees in English, human development, and religious education, and a doctorate in English. Carl has authored over 30 books, been a high school and university teacher and administrator and worked as senior editor at a publishing company for many years.



The Investment

Workshop Series (four weekends) \$740

Non-refundable application fee - \$25 (applicable to the total fee)

Tuition includes: all four weekend workshops, lodging, and meals. In addition, the participant receives four spiritual mentoring sessions.

All workshops begin at 6:30 PM on Friday and conclude at 4:00 PM on Saturday. Participants are welcome to come any time after 4:00 pm on Friday to enjoy an evening meal at 5:30 PM before the workshop begins.

Registration deadline: One week before the first weekend

Stand alone weekend workshops \$195

Registration deadline: One week before weekend

Request for Application

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

- I would like to receive an application to the program
 I would like someone to contact me about the program

Preferred contact type:

- phone e-mail mail

The Franciscan Spirituality Center is dedicated to anyone seeking wholeness.

For further information, feel free to contact
Rosalie Hooper Thomas at the Franciscan Spirituality Center
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or by mail at 920 Market Street, La Crosse, WI 54601