



Franciscan  
Spirituality Center

2013-2014

*Annual Report*

*Celebrating*  
**30** *years*

of open doors to anyone seeking God, meaning and wholeness.



MAKING A THOUGHTFUL COMMITMENT  
TO THE FRANCISCAN SPIRITUALITY CENTER

# Spirited Friends



## Questions & Answers

### Q. Who are the Spirited Friends?

A. Spirited Friends are a special group of people who make a monthly gift to help sustain the ministry of the Franciscan Spirituality Center.

### Q. How does this monthly giving program work?

A. You decide on a monthly gift amount that fits your budget. You authorize your bank (by using the attached form) to transfer this amount from your checking account directly to FSPA for the FSC.

### Q. What are the benefits?

A. For our Spirited Friends, giving is more convenient, with no repetitive checks to write and no envelopes to mail. For the FSC, your donation goes further by reducing our administrative, postage and paper costs. Your commitment goes directly to the needs and ministry of the FSC.

### Q. What if I change my mind?

A. Simply call us if you want to make a change or stop the automatic monthly donation transfers. Please notify us five business days in advance of a scheduled donation transfer date to make any changes.

### Q. How is my gift distributed?

A. As a Spirited Friend, your gift may be designated to the fund of your choice, including a General Donation Fund to support where the need is greatest. Or, you can give to a scholarship fund for those who wish to receive services but don't have the resources to do so.

### Q. How do I sign up?

A. Complete the attached authorization form and return in the enclosed envelope. For the process to begin, we will need a check for your first month's donation. It's that simple! We'll take care of the rest!

BECOME A SPIRITED FRIEND TODAY, IT'S EASY TO BEGIN...

### 1 Transfer your monthly gift from your bank account.

☐ Enclosed is my check, payable to FSPA/Franciscan Spirituality Center, for my first month's contribution. The monthly giving program will then deduct my contribution from my checking account on the 17th.

Signature \_\_\_\_\_

Date \_\_\_\_\_

### 2 Indicate the desired monthly gift amount:

☐ \$10 ☐ \$20 ☐ \$25 ☐ \$50 ☐ \$75 ☐ Other (\$10 min.) \_\_\_\_\_

Use my gift as follows:

- ☐ General Donation Fund (*for where the need is greatest at the FSC*)  
☐ Blanche Klein, FSPA, Scholarship Fund (*for SDPP and Spiritual Direction*)  
☐ Mary Kathryn Fogarty, FSPA, Scholarship Fund (*for FSC programs and retreats*)  
☐ Norman L. Gillette, Sr. Scholarship Fund (*for those recovering from addictions*)

### 3 Please complete the personal information

Please complete the information below and return it to the address below.

**Important:** Please include your check with your first month's gift.

#### Franciscan Spirituality Center

920 Market Street, La Crosse, WI 54601-4782  
608-791-5295 • FSCenter@fspa.org • www.FSCenter.org

#### My personal information is as follows:

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Day phone ( \_\_\_\_\_ ) \_\_\_\_\_

Evening phone ( \_\_\_\_\_ ) \_\_\_\_\_

Email \_\_\_\_\_

#### This gift is:

☐ In memory of \_\_\_\_\_

☐ In honor of \_\_\_\_\_

Please notify the person named below that I am honoring them or their loved one with this gift to the Franciscan Spirituality Center.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

**If you have questions, please call 608-791-5295 to speak to Audrey Quanrud, FSC Director.**

*Thank you for supporting the Franciscan Spirituality Center.*

OUR

# Gratitude FOR YOUR Gifts

We are grateful for every donation made in the past three decades—support that has provided outstanding speakers, meaningful programs and renewing retreats. With each contribution given before **January 31, 2015**, we offer special thanks for gifts...

...of any amount up to \$100, you'll receive a FSC anniversary bookmark with magnifying glass.

...of \$250, you'll receive a bookmark and a pair of FSC coffee mugs.

...of \$500, you'll receive a bookmark and a choice of two registrations to either John McHugh's *Lenten Gospels* series (begins February 19, 2015) or for a (six-session) Yoga or Tai Chi class with Bernice Olson-Pollack (throughout 2015).

...of \$1,000 or more, you'll receive a bookmark and two tickets to our 30th Anniversary Annual Conference featuring keynote speaker Thomas Ryan, CSP (May 1-2, 2015).

And, if you become a Spirited Friend for at least \$10 a month, you'll receive a bookmark and gift certificate for a free night's stay at one of our three hermitages on Solitude Ridge in St. Joseph, Wisconsin (based on availability, good through 2015).

Most important, we send our gratitude. You can help keep our doors open for another 30 years!

*"I've been attending retreats here since 2007. I am always in awe of the hospitality the Center and wonderful staff extend to everyone who enters."*

— Program participant

## OUR BOARD PRESIDENT

# 30 years of Sacred Traditions

Dear Friends:

It's not hard to find things to do to keep ourselves busy. But when we are ready to reflect, renew and nurture our spiritual lives, we look to 920 Market Street in La Crosse, Wisconsin.

The Franciscan Spirituality Center opened 30 years ago this fall. When the Franciscan Sisters of Perpetual Adoration first started planning the Center, they could only imagine the one-of-a-kind gem they were creating.

Over the past three decades many things have changed at the FSC, but the original vision remains the same: to provide a place where all are welcome, and where people of different faith traditions can gather together for spiritual conversation, prayer and reflection.

There is only one spirituality center in this community. And it's ours.

Maybe you've been to one of the FSC's Yoga or Tai Chi classes, or attended a meeting there and experienced Franciscan hospitality at its finest. Perhaps you've been to one of the many programs on healing or prayer, or have enjoyed the gift of compassionate listening from a spiritual director.

If you are a parent of a Viterbo University student or work with students like I do, you have seen the commitment FSC spiritual directors have toward helping our young adults find time for contemplation and spiritual growth through the Busy Student Retreats offered each fall and spring. Those students will never forget the gift of having a retreat center so close to campus.

However you have come to know the FSC, you are no doubt just as passionate about its mission as I am. This is the time of year when we take stock of our blessings and all that is bountiful in our lives. It's also important to recognize that we need to support the things we want to keep in our community.

Here at the Franciscan Spirituality Center, we are grateful for the generous support you have shown during the past 30 years and ask that you please consider a gift to help us raise \$30,000 during this milestone celebration to keep the doors open for another successful 30 years!

Within this year-end report, we've outlined 30 reasons to support the FSC (see page 6). Each of you has your own reason. For me, it's knowing that the FSC is an ecumenical place for contemplation, inner well-being and service, where everyone is always welcome.

So how can you help? Here are three things you can do today:

1. Go to [www.FSCCenter.org](http://www.FSCCenter.org) and make a donation through the website.
2. Send a check in the enclosed envelope.
3. Become a Spirited Friend. Information on how you can participate in this monthly giving program is on page 2.

Yours in spirit,



Dorothy B. Lenard  
FSC Board Chairperson





Our spiritual programs and retreats had **1,375** registered participants in 2013-14, including our well-attended Annual Conference with author and speaker Paula D'Arcy. In addition, we provided meeting rooms and Franciscan hospitality to **35** community groups, organizations and businesses.

We handled **828** reservations for people who stayed in FSC's 24 comfortable bedrooms while here for a program, meeting or retreat. Last year, there were **103** reservations for our three hermitages on scenic Solitude Ridge in St. Joseph, Wisconsin.

The FSC has long been known as a center for spiritual direction. Spiritual directors are trained to companion people as they explore a deeper relationship with the spiritual aspect of being human. FSC spiritual directors are also community

listeners for Step 5 in addiction recovery programs, which involves admitting to another person the exact nature of one's wrongs. Last year, we met with individuals **611** times for one-to-one spiritual direction. Twenty-four people received spiritual direction in small groups last year for an additional **189** sessions. As part of our outreach efforts, spiritual directors also logged **54** individual visits with Viterbo University students.

Because no one is turned away for inability to pay, the FSC provides scholarships for spiritual direction, programs and retreats, including an annual Serenity Retreat for those in recovery. Last year, the FSC handled **219** requests for spiritual direction scholarships and provided **\$10,196** in assistance. We gave **45** scholarships totaling **\$5,749** to attend programs and retreats.

#### FINANCIAL REPORT (July 1, 2013 - June 30, 2014)

##### Income

Center Programs & Retreats . . . . .	\$ 171,853
Spiritual Direction . . . . .	24,702
Meeting Rooms, Bedrooms & Hospitality . . . . .	53,200
Hermitages . . . . .	12,220
Bookstore . . . . .	24,117
Donations & Scholarships . . . . .	37,520
Interest from Endowment . . . . .	126,622
FSPA Sponsorship . . . . .	359,228
<b>Total Income . . . . .</b>	<b>\$ 809,462</b>

##### Expenses

Staff . . . . .	\$ 396,154
Plant Operation . . . . .	106,228
Office Management . . . . .	39,711
Programs & Hospitality . . . . .	62,616
Communications & Fundraising . . . . .	58,972
Bookstore . . . . .	18,426
Hermitages . . . . .	6,004
Professional Development . . . . .	3,084
<b>Total Expenses . . . . .</b>	<b>\$ 691,195</b>

#### FINANCIAL POSITION (As of June 30, 2014)

##### Assets

Cash . . . . .	\$ 65,216
Total Investments . . . . .	1,615,180
<b>Total Assets . . . . .</b>	<b>\$ 1,680,396</b>

##### Liabilities & Net Assets

Current Liabilities . . . . .	\$ 9,871
General Fund Balance . . . . .	1,552,259
Current Year Net Assets . . . . .	118,266
<b>Total Liabilities &amp; Net Assets . . . . .</b>	<b>\$ 1,680,396</b>

## Thank you

FSC gives gratitude to our volunteers

Mary Bates, FSPA  
 Madalene Buelow  
 Maria Friedman, FSPA  
 Donna Glowcheski  
 Dee Herzing  
 John Hempstead  
 Laurice Heybl, FSPA  
 Gayda Hollnagel  
 Pat Kerrigan  
 Karina Klug  
 Nancy Lafferty, FSPA  
 Joseph Leuck  
 Sue Lund  
 Lyell Montgomery  
 Grace Nicholson-Maly  
 Marian Massman, FSPA  
 Justin McKnight  
 Arlene Melder, FSPA  
 Bryan Olson  
 Kate Parker  
 Karolyne Rohlik, FSPA  
 Edna Smetana  
 Margaret Wagner, FSPA  
 Fran Yanisch, FSPA



#### FRANCISCAN SPIRITUALITY CENTER

## Board of Directors

Dorothy Lenard, Chairperson  
 Hannah Hoaglund, Vice Chairperson  
 Joan Weisenbeck, FSPA, Secretary/Treasurer  
 Helen Elsbernd, FSPA, FSPA Liaison

Emilio Alvarez  
 Sharon Berger, FSPA  
 Patricia Boge  
 Karen Dunn  
 Ken Ford  
 Dan Henderson  
 Mike Hesck  
 Laurice Heybl, FSPA  
 Michael Krueger  
 John McHugh  
 Ellen Rasmussen  
 Tony Yang

We deeply appreciate the gifts given to us from our generous donors. The list continues to grow as we discover new ways to live our mission. With the help of our donors, we are able to offer scholarships for services and programs to those in need. Your contribution helps grow the mission of the Center and reach those who seek God, meaning and wholeness in their life. In blessed gratitude, we thank you!

Terry & Ron Amel  
*In honor of Dorothy Lenard*

Rick & Joan Artman

Blake Auler-Murphy

Sallie & Ted Bachar

Scott & Faye Baker  
*In honor of Vince Hatt*

Allan Beatty

Doralyn Benson

Kathleen Berg

Ruth & Jerry Berns

Rodney & Bonnie Bluml

Stephen & Helen Boes  
*In memory of Joe Boes*

Patt Boge

Vana Bowen

Mary Ann Bradley

Bill & Elizabeth Brendel  
*In honor of Mary Kathryn Fogarty, FSPA*

Carol & Jim Brickson  
*In memory of Jim Friedrichs*

Kathryn Bushar

Lu & Charles Cagin  
*In memory of Gordon Hull*

Mary Cary

Kenneth Charles  
*In memory of the Charles, Dempsey & Budnan families*

Sharon Chavolla

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Deb Congdon

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Coulee Bank

Marv Davis

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Karen Dosemagen

Suzanne & Stan Ferguson

Joan Filla

Ken Flottmeier

Sibyl Floyd  
*In memory of Robert Floyd*

Cheryl Folstad

Spencer Foon

Jim Fowler

Steven & Judy Fuchsteiner

Lonnie Fynskov  
*In honor of Suzanne Vix*

Norbert Gaier

Roberta & Dan Gelatt

Elaine & Jeff George

Mary Giorlando

Marlys Graettinger

Phillip & Jean Hahn  
*In memory of Claire Hahn McNulty*

Chuck & Cheryl Hanson

Pam Harstad

Vince & Janice Hatt

Steve & Mary Jo Hazard

The Rev. John Heagle

Tammy & Spencer Henderson

Mike Hesck

Barbara Hoffman  
*In memory of Frank & Monica Kleczewski, Ann & John Mahorski and Sr. Mary Mercedes*

Betsey Jane Holland

Gayda & Ramon Hollnagel

Rosalie Hooper Thomas & Stan Thomas

Jane Jacobi

Tim & Reggi Johnson

Marilyn Johnson

Audrey Kader  
*In honor of Marie Leon LaCroix, FSPA*

Dave Kampa & Donna Reichwein  
*In honor of Mary Kathryn Fogarty and Marian Massman, FSPAs*

Lori Kaufmann

Eileen Kazmierowicz  
*In honor of Blanche Klein, FSPA*

Kathleen Kenkel, FSPA  
*In honor of Father Ben Kenkel*

Pat & Linda Kerrigan  
*In honor of Joan Weisenbeck, FSPA*

Heidi & Jeff Kerska

June Kjome

Carolyn Klein

Susan & Duane Koenen

Jeanne Krause

Dennis & Sharon Krumenauer

Barb & Joe Kruse

Fred & Janet Kusch

Marie Kyle, FSPA

Mary Welch Lee

Rich & Dorothy Lenard

Mary Jane Lipinski & William Jokela

Sandra Locher  
*In honor of Leclaire Beres, FSPA*

Patricia Lund  
*In honor of Blanche Klein, FSPA*

Teresa Mahler

Greg Manhart

Barbara & Ed Martinez

Marguerite McCardle

John & Maggie McHugh

Susan McMillan  
*In honor of Trudy Nelson*

John & Dee Medinger

Shaunna Meyer

Kent Miller

Sheila & Dave Momont

Ellen Moore

Genny Morrissey, FSPA  
*In honor of Mary Kathryn Fogarty, FSPA*

Fran Morrissey, FSPA

Joan & John Mueller

Jeffrey Murphy  
*In memory of Letty Chick and in honor of Catherine O'Neil, FSPA*

Charlotte & John Nesseth

Lorraine Newbrough

Lillian & Ron Nordin

Dale & Connie Norris

Betty Nystrom & Bruce Mancini

Sharon Obermann

Sue Olson  
*In memory of Anna Becker*

Paul & Cindy Patros

Leticia Pena  
*In honor of Deb Schwab, FSPA*

Adrienne Perling

Michele Pettit

Lois Pouzar

Dan & Carol Pulsfus

Audrey & John Quanrud

Lorilee Rebhan  
*In memory of Leora Foegen, FSPA, and Robert Severson*

Therese & Mike Regner

Everett & Maureen Rice

Deborah Rice-Viner  
*In honor of the FSC staff*

Sondra Rieder

Mary Beth Ripp

Marikaye Roberts

Thomas Roberts

Lindy Saline

Marianne Sambar

Randy Schenkat

Lyle Schulte

Gail & Allen Schultz  
*In memory of Jean Kletzien*

Robert Jr. & Celine Shilkett  
*In memory of Bob & Kay Shilkett*

Susan Sieger  
*In memory of Nancy Sieger*

Betty & Brian Singer-Towns

Jan & Sam Skemp  
*In honor of their 50th Wedding Anniversary*

Skogen's Festival Foods

Steve & Heather Smart

Edna & Wenzel Smetana

Mary & John Snider

Louise Sunday

Steve & Jeannette Spilde  
*In memory of Agnes Gasal*

Jane & Paul Steingraeber

Paula Stephens  
*In memory of Sarah Jaszewski*

John Sterling

Brad & Lynn Sturm

Joyce Swanson

Steve & Suzanne Tanke

Mary Thal

Richard Tulko, OFM

Dwayne & Denine Voegeli

Colleen Walsh  
*In memory of Paul R. Neman*

Patrick & Kristy Walz

Joan Weisenbeck, FSPA  
*In memory of the parents of Matt & Lucy Weisenbeck*

Edna & Ray Whalen

Marjorie Wilbur

Lucille & Ralph Wilcox  
*In memory of Dee Dee Nagel*

John Williams & Jane Redig

Michael Young

Bill Younglove

# Count the ways:

- 1** Uniting people from all walks of life and different faith traditions.
- 2** More than 400 spiritual directors trained since 1985.
- 3** Our annual Marriage Celebration is a Valentine's Day tradition.
- 4** 30 years of inspiring Annual Conference speakers from Joyce Rupp to Paula D'Arcy.
- 5** Compassionate, nonjudgmental listening by spiritual directors.
- 6** A leader in providing the option of spiritual direction in small covenant groups.
- 7** Yoga, Tai Chi and Nia classes nourish the body, mind and spirit.
- 8** Online spiritual community connections through weekly *Reflections from the Center*.
- 9** Teaching the art and prayer of writing icons since 2002.
- 10** Three hermitages offer silence, solitude and the beauty of nature.
- 11** Spiritual enrichment through 18 years of *Journey Toward Wholeness*.
- 12** Connecting my story to God's story in the Lenten Gospels with John McHugh.
- 13** Every Good Friday, a community Stations of the Cross peace and justice walk.
- 14** Unlocking the mysteries of personality through Enneagram workshops.
- 15** Eight beautiful, private meeting rooms that can accommodate from 2 to 90 guests.
- 16** Free and confidential listening for people in Step 5 of alcohol and drug abuse recovery.
- 17** Helping people in recovery maintain their sobriety with an annual serenity retreat.
- 18** Good books, great coffee and free WiFi in the Sophia Bookstore.
- 19** Discovering a God of mercy, forgiveness and compassion through Richard Rohr.
- 20** Three men's groups quietly exploring men's spirituality over coffee.
- 21** Educational programs about Francis and Clare of Assisi and Franciscan spirituality.
- 22** A reflective space for diocesan women's groups, a priest support group and Curia and Serra Club meetings.
- 23** For those living with depression, support from weekly 12-step meetings.
- 24** Encountering the divine through Zen brush painting, art journaling and drum making.
- 25** A place where you can learn and practice Centering Prayer with others.
- 26** Outreach to young adults—helping them remember God's love as they navigate college life.
- 27** Retreats that include quiet prayer in the Mary of the Angels and Adoration Chapels.
- 28** Celebrating the Word in sacred art through exhibits like *The Art of The Saint John's Bible*.
- 29** Caring for caregivers and those suffering through divorce or sexual abuse.

**& number 30** Thanks to your generosity, no one is turned away for inability to pay.

*"I was looking for clarity and a way to process this transitional time of my life. That is exactly what I found. God helped me to see where I am, how I got there, and where to go from here."*

— Viterbo University student



# Memories...

30 YEARS OF FSC



- 1) The Franciscan Spirituality Center was blessed October 12, 1984, shortly after its completion, and formally dedicated on September 22, 1985.
- 2) The Rev. Carroll StuhlmueLLer, CP, taught biblical spirituality for the Spiritual Direction Preparation Program after its start in 1985.
- 3) Former FSC director and spiritual director Mary Kathryn Fogarty, FSPA, 1998.
- 4) Associate Director Janet Mallak, SSND, and Program Coordinator Carl Koch, 2005.
- 5) Sophia Bookstore in 1999.
- 6) Tai Chi with Marian Massman, FSPA, 2007.
- 7) Icon writing retreat, 2008.
- 8) Franciscan Fest, 2009.
- 9) Annual Conference with keynote speaker Paula D'Arcy, 2014.



**FSC's Annual Report** is published annually on earth-friendly paper with a higher recycled content. Find us on Facebook, Twitter and Pinterest.

**Franciscan Spirituality Center**  
920 Market Street, La Crosse, WI 54601  
608-791-5295  
FSCenter@fspa.org • www.FSCenter.org

### Identity

Franciscan Spirituality Center is a sacred place that welcomes everyone. We are rooted in the Gospels and sponsored by the Franciscan Sisters of Perpetual Adoration.

### Mission

The Franciscan Spirituality Center is dedicated to supporting anyone in their search for God, meaning and wholeness.

We live this mission because we believe:

- In each of us lives the Sacred.
- We need each other to recognize and honor that part of ourselves.
- Responding to spiritual hunger is necessary for growth, healing and peace.
- As we grow in wholeness, we contribute to the healing of all creation.

### Core Values

In keeping with the tradition of our Franciscan founders, we hold these core values:

**Sacredness:** Believe that in every person and all creation lives the Sacred.

**Respect:** Acknowledge the dignity, diversity and worth of each person as a unique image of God.

**Community:** Through prayer, empathy and sharing, create a safe, peaceful place.

**Hospitality:** Welcome all with compassion, acceptance and celebration.

**Professionalism:** Commit to competence, quality, trust and personal spiritual development.

### What We Do

The Franciscan Spirituality Center guides and directs processes for prayer and offers personal presence to anyone on their sacred journey as co-creators of a just and peaceful world. The Center offers individual and group spiritual direction, guided and preached retreats, and daylong programs and events. Staff is available for off-site workshops, presentations and programs.

Follow us on :



# Dream of wisdom and goodness

**W**hat were you doing in 1984? Has your perspective—your outlook on life—evolved since then?

In 30 years, the Franciscan Spirituality Center has changed a little in appearance, especially as we completed some refurbishment of the bookstore, meeting rooms and bedrooms this year. In its essential vision, however, it has changed little. In December 1984, the FSC's first director, Kathleen Kenkel, FSPA, said her community hoped they were "opening our doors to all who seek to enhance their lives through the pursuit of wisdom, goodness and beauty."



Audrey Quanrud

We know the next 30 years will be exciting ones for the FSC, and with your support, we can continue to keep those doors open wide. Your gift toward our 30th Anniversary goal of \$30,000 will enable us to meet these three objectives:

- Keep programs, retreats and spiritual direction accessible to everyone, regardless of income. The need for full or partial scholarships is greater than ever in this challenging economic time. It remains high for people recovering from alcohol or other drug addictions; for those suffering from mental illness; and for young adults.
- Offer programs and a place to meet for groups that are vital to healing, such as Imago Dei Women's Group (for survivors of sexual abuse), Depressed Anonymous, Divorce Recovery and Survivors of Suicide. We offer this healing ministry as part of our commitment to Franciscan hospitality and at no cost to participants.
- Continue to bring in the very best in spiritual thinkers, writers and presenters to advance spiritual conversations for modern lives that enrich, challenge and foster growth among people of all faith backgrounds. The FSC is a neutral meeting site for people to meet and talk with each other, a source and sign of spiritual unity in an increasingly polarized world.

If, during these past 30 years, you have visited the FSC for a program, retreat, spiritual direction or meeting, thank you for your support. During this historic 30th Anniversary year, please consider further supporting the vision of a community spirituality center by becoming a Spirited Friend or making a special gift toward our \$30,000 goal.

Finally, I can say it no better than Sister Kathleen did 30 years ago:

*And we ask, "What would you like the Center to be for you?" Can we continue to dream together and to plan new ways of shaping the vision of a peaceful, dynamic Center to which we can all come to search out deeper meanings of life...?*

Peace and all good,

Audrey Quanrud, FSC Director

**Thirty years of FSC leadership—from former directors Kathleen Kenkel, FSPA, Mary Kathryn Fogarty, FSPA, and Vince Hatt with current director Audrey Quanrud—gathered at the Annual Conference in May 2014. Not pictured is Jeff Dols, director from 2012-13.**





**Franciscan  
Spirituality Center**

FSPA • 912 Market Street  
La Crosse, WI 54601

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
La Crosse, WI  
Permit No. 535

DEDICATED TO ANYONE SEEKING GOD, MEANING AND WHOLENESS



FRANCISCAN SPIRITUALITY CENTER STAFF

*As we celebrate our 30th anniversary,  
we're impassioned to keep our  
doors open for another  
30 years!*

 **Franciscan Sisters**  
of Perpetual Adoration  
*Modern Lives. Sacred Traditions.*