

Finding God in All Things is ideal for:

- Anyone who seeks the divine in every human experience.
- Anyone who wants to explore Ignatian methods of prayer and discernment.
- Both trained spiritual directors and those considering our Spiritual Direction Preparation Program.
- Anyone just starting a spiritual practice, all who seek to enhance their current practice and everyone in between.

SCHEDULE

OPENING SESSION:

September 16, 2017 (*Saturday, 9 a.m.-3 p.m.*)

MONTHLY SESSIONS:

(*Saturdays, 9 a.m.-1 p.m.*)

- October 21, 2017
- November 11, 2017
- December 16, 2017
- January 20, 2018
- February 17, 2018
- March 17, 2018
- April 21, 2018

CLOSING SESSION:

May 19, 2018 (*Saturday, 9 a.m.-3 p.m.*)

INVESTMENT

\$450 (includes program and lunch each session) plus the cost of monthly spiritual direction (\$40-\$60 per month). Payable in September or as monthly installments of \$50.

Call 608-791-5295 or visit www.FSCenter.org to register.

PRESENTERS

FSC staff members and guest presenters.



About the Franciscan Spirituality Center

920 Market Street
La Crosse, WI 54601

608-791-5295

FSCenter@fspa.org

www.FSCenter.org

The Franciscan Spirituality Center is a sacred place that welcomes everyone, regardless of faith background or religious affiliation. Founded more than 30 years ago, we remain dedicated to anyone seeking God, meaning and wholeness. We are rooted in the Gospels, sponsored by the Franciscan Sisters of Perpetual Adoration and hold the core values of sacredness, respect, community, hospitality and professionalism. In addition to guided and preached retreats, we offer individual and group spiritual direction, daylong programs and events, and mind-body-spirit classes.

The FSC is just west of Mayo Clinic Health System-Franciscan Healthcare and one block north of Viterbo University at 920 Market Street. We share the building with St. Rose Convent.



NEW FOR 2017

Finding God in All Things

THE SPIRITUAL EXERCISES
OF ST. IGNATIUS IN DAILY LIFE



**Franciscan
Spirituality Center**

*Dedicated to anyone seeking God,
meaning and wholeness.*

www.FSCenter.org

Where is God in the events of my life?

Who am I? Who is God?

Finding God in All Things is a nine-month retreat experience that uses the Spiritual Exercises of St. Ignatius of Loyola to ask these questions and seek answers that reflect the uniqueness of you and your everyday life.

What do I really desire in my life?

Together, in a safe and welcoming community, we will explore the spiritual practices of prayer, meditation, contemplative dialogue, Lectio Divina, gospel contemplation, the Examen and discernment, all within the context of a Franciscan framework.

How can I make good decisions in an uncertain world?

Finding God in All Things includes:

- A spiritual toolbox of practices and ways of prayer that will help you discern the fingerprints of God in your daily life. You will live from your truest self as you come to know your desires, trusting your own steps of discernment on life's journey.
- Monthly gatherings that invite you to reflect on the unconditional love of the Creator, God's boundless mercy, the life of Jesus and his Passion, and Resurrection Living.
- Daily emails that foster a commitment to prayer and reflection in your everyday life.
- A monthly meeting with your spiritual director, who will listen to you as you discern the presence of the Spirit in your daily life.

Why doesn't my life make more sense?

